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## Tri - Corner - Express

JUNE 22, 2023

Contact Information: tricorner@newvirginia.com or Drop Box Northeast Corner Hen House - New Virginia or PO Box 302 New Virginia, IA 50210

Farewell from the Class of 2023
Contributed by Kailey Phinney

Deadline: 2nd Wednesday of the Month Annual Subscription - \$20.00

Hello,

I see a group that started this journey in August of 2009. Ever since we have stepped through these doors, we have been eagerly waiting to become grownups. Now take a second to look around. Look at us. We have done it. We have grown up. During these in between years, we have been filling our classrooms and hallways with laughter and with each other. We have yearned to be older, taller, wiser and stronger each day. We anxiously waited for the bell to ring at the beginning and end of each day. We have gone from coloring pages and learning our ABCs, to writing numerous papers for Mrs. Nichols. From learning multiplication to complaining about anything related to math, and from once reading picture books, which have, for some of us, turned into chapter books. Now here we are today, closing one chapter of our lives and turning the page to a new one. Opening the door to so many new opportunities.

Throughout this chapter, we have dreamed of the grownups we would become: For some of us, this day represents the start of your career or next journey. Those headed into the workforce, becoming entrepreneurs, or those who will be serving our country. For the rest of us, this day is the beginning of the next step in our education. We are headed to a University, community college, or trade school- to the daunting task of preparing for our careers. However, for all of us, the second we step foot through these doors one last time, signifies the rest of our lives. These years have helped us move towards those goals.

The past four years of high school have been full of lessons that we can take into our future lives. Let freshman year be your reminder to live in the moment, because, as we learned, time can be cut short at any moment. Make the most of the present, because it is time you will never have again. Find joy in everything, the good, the bad, and even the ugly. Let sophomore year be a reminder to be flexible. As we scrambled to find our way through COVID, we still survived. Remember those times when things were hard, but we still made it through. Nothing in life will be simple, always be willing to work with what you are given. Let junior year be your reminder to hold the ones who mean the most, close to you. Life is full of the unexpected, and we only have so much time together, so make the most of it. Let senior year remind you how fast time flies. That the final chapter will be here before you know it. Because what we never realize is how fast we grew up. These past 14 years have flown by. The years of waiting turned into months. Months turned into weeks. Weeks turned into days- days that have now ended. To this day. Our graduation day, the final chapter.

Though we are turning the page, this day is not the end goal in itself; instead, it is a part of the larger journey in this life. Wherever the future takes you, let it be somewhere. Let all of the accomplishments over the years guide you down your next path. Life is a journey, and all of the accomplishments we have achieved during its course are guidance to our next path.

To the class of 2023, as we move into this next stage of growing up, I challenge you to remember to look back at where you started and see how much you have grown, but never stop wishing to grow more. Life will teach you a lot more than what we have learned in the short 14 years on which we are closing the door today. Challenge yourself every day. Be the person you want to see in others. We are far from finished in becoming grownups, but we have had a good start. Congratulations class of 2023.



Graduation day bas come,

Your bard work and dedication,

Have brought you to where you belong.

You're ready to take on the world,

And all that it has in store,

Go forth and chase your dreams,

And let your spirit soar.

Congratulations



## City Of New Virginia Council Meeting Minutes -

The Council met in regular session on Saturday June 3rd, 2023, at 7:30 a.m. for the June council meeting.

The meeting was called to order by Mayor Huston with Council Members Galivan, Nelson, Strange, Taylor, and Truman, present.

Minutes from the May regular meeting and Treasurer's Report were approved.

Old business discussed: The basketball court in Lions Park has been worked on to eliminate standing water on it after it rains.

An update on insurance coverage for the truck pull through Weinman Insurance was discussed.

Citizen Input:Kim Kirkpatrick was present to discuss cutting down another tree in or near the fence line with GAMP Park before the new chain link fence is put in place. Kim was advised that the goal was to have the fence put up this month by June 23rd.

Dianne Edwards is a member of the Garden Club. She was present to advise the Club has planted a garden at the Methodist Church and will have a free garden vegetable stand out in front of the church for citizens of the community later this summer.

A citizen inquired about parking for Old Settlers at the southeast corner of the 4-way flashing stop light of Broadway & West Street. The citizen stated there has been no parking signs in this area in the past. The citizen was advised as long as vehicles were parked in the street right of way from the cement waterway to the west and not on private property including the driveway approach to the old fire station, it should not be a problem.

The Council was advised of a citizen complaint about the accumulation of junk and vehicles on a property in the 400 block of East Street.

The Council was advised of a citizen complaint about junk build-up on a property in the 100 block of Broadway Street.

The Council was advised of a citizen complaint about the placement of the theme picture set-up in Old Settlers Park. A new location for the set-up will be looked[BB1] into.

Status of the tax abatement update was discussed. Once the position of assistant to the City Clerk is filled, this will be one of the first tasks assigned to this new position.

Water Utilities discussed: The Water Salesman for the purchase of water at the fire station was discussed regarding the purchase of a new coin mechanism.

There will be a water meter & valve order placed before the end of the June. Depending on the budget, an order for inventory parts will also be placed.

Galivan advised that the sump pump in his basement has been running the last two or three weeks during the dry spell.

<u>Fire Department Business:</u> Nothing to report.

<u>Law Enforcement:</u> – The report summary from the Sheriff's Office for the month of May was reviewed. Deputies received or initiated 17 calls for service during the month. Officers spent in excess of 50 hours in the City for the month. Officers patrolled in excess of 263 miles within the city limits for the month. There were no citations and/or warnings written for traffic violations that occurred within the City of New Virginia proper.

Four applications/resumes received for the office assistant position to the City Clerk & Deputy City Clerk were reviewed and discussed. There will be an interview process of the four candidates. The Interview Committee will be City Clerk Jennifer Baughman and Councilmembers Justin Strange and Jarad Taylor. Interviews will be the week of June 12th, 2023.

The current city budget and fund balances were reviewed. The purchase of a new computer and printer for the new office assistant position and possibly two other printers was discussed. Nelson moved, seconded by Truman to purchase a computer and up to three printers. A roll call vote was taken: 5 ayes, 0 nays. Motion carried.

Price quotes from InRoads for street maintenance were reviewed and discussed.

| 1   |               |
|---|---------------|
| 1. Border St. loop 2" HMA overlay 1073 SY     | \$16384.00    |
| 2. South Border St. 2" HMA overlay 500 SY     | \$ 8800.00    |
| 3. Church St. to Border St. 3" overlay 400 SY | \$11120.00    |
| 4. East St. south end 2" overlay 640 SY       | \$11196.00    |
| 5. Davidson St. 2" overlay 1041 SY            | \$15872.00    |
| 6. Stansell St. 2" overlay 1087 SY            | \$15934.00    |
| 7. 3" HMA patching 145 SY                     | \$17400.00    |
| Tota  | al \$96706.00 |
|   |               |

Galivan moved, seconded by Taylor to approve and accept the price quote from InRoads for \$96706.00 for street maintenance with approximately one half to be paid this 2022-23 fiscal year and the remainder paid in fiscal year 2023-24. A roll call vote was taken: 5 ayes, 0 nays. Motion carried.

Nelson moved, seconded by Galivan to open public hearing for the first reading of Ordinance #118 – AN ORDINANCE AMENDING THE CODE OF ORDINANCES OF THE CITY OF NEW VIRGINIA, IOWA BY AMENDING EMS FEES. A call vote was taken: 5 ayes, 0 nays. Motion carried.

With no citizens present to approve or disapprove and no written or email responses regarding Ordinance #118, Nelson moved, seconded by Galivan to close the public hearing. A roll call vote was taken: 5 ayes, 0 nays. Motion carried.

Nelson moved, seconded by Galivan to pass and approve the first reading of Ordinance #118 – AN ORDINANCE AMENDING THE CODE OF ORDINANCES OF THE CITY OF NEW VIRGINIA, IOWA BY AMENDING EMS FEES. A roll call vote was taken: 5 ayes, 0 nays. Motion carried.

Galivan moved. Seconded by Nelson to waive the second and third readings of Ordinance #118. A roll call vote was taken: 5 ayes, 0 nays. Motion carried.

Nelson moved, seconded by Taylor to open public hearing to pass and approve Resolution #2023-06 – A RESOLUTION APPROVING PAY PER CALL FOR AMBULANCE TRANSPORTS. A roll call vote was taken: 5 ayes, 0 nays. Motion carried.

With no citizens present to approve or disapprove and no written or email responses regarding Resolution #2023-06, Nelson moved, seconded by Taylor to close the public hearing. A roll call vote was taken: 5 ayes, 0 nays. Motion carried.

Nelson moved, seconded by Taylor to pass and approve Resolution #2023-06 – A RESOLUTION APPROVING PAY PER CALL FOR AMBULANCE TRANSPORTS. A roll call vote was taken: 5 ayes, 0 nays.Motion carried.

## **GAMP UPDATE**

June 3, 2023

The pop machine at the GAMP Community Building will now take change as well as dollar bills. It will be checked into to see if Monster drinks will work in the pop machine.

The GAMP sign is done. One Call has been contacted and utilities have been located. The sign will be placed soon.

## **KEEP IOWA BEAUTIFUL PROGRAM**

Nothing to report.

The ELF Club has ordered the Christmas lights for the tree in Old Settlers Park.

The Council discussed a change to the fireworks ordinance to include Old Settlers Weekend.

A pickleball net for the basketball court in Lions Park was discussed.

The property at 302 Davidson Street was discussed. There is a utility easement in the old Main Street right of way on the west side of the property.

Taylor moved, seconded by Nelson to approve payment of all City bills. A roll call vote was taken: 5 ayes, 0 navs.Motion carried.

With no further business to come forth, Galivan moved, seconded by Taylor to adjourn meeting. A roll call vote was taken: 5 ayes, 0 nays. Motion carried. Meeting adjourned at 9:43 a.m. The July council meeting is scheduled for Saturday July 1st, 2023, at 7:30 a.m. July meeting date – Saturday July 1st, 2023 at 7:30 a.m.

Jennidu Baughman

Jennifer Baughman, City Clerk

## Public Notice

All City Water Payments need to be mailed or dropped off into the gray payment/drop box. This payment/drop box is located by the New Virginia Hen House and New Virginia Post Office. With our town celebration coming up on
July 7th, 8th,& 9th let's take pride in our community and make our yards, ditches, property look extra special for Old Settlers.

### PRIDE OF WISCONSIN COOKIES

2 cups brown sugar 2 cups white sugar

2 cups shortening (I use butter) 4 eggs

1 t. salt2 t. baking soda2 t. baking powder2 t. vanilla4 cups flour6 cups oatmeal

2 cups coconut 1 cup nuts

Directions: Blend sugars, shortening and eggs. Add the rest of the ingredients and mix. Drop by spoonfuls on ungreased cookie sheet. Bake at 350 degrees for 10 minutes. These are super good! You can change them up by adding chocolate chips, white chips, raisins, leave out the nuts or coconut, whatever suits your fancy. I've made them several ways and they were all good!



Reminders
Residents of New Virginia
please make sure to keep your
culverts cleaned of debris and
leaves in order for the water to
flow through.



## **2023** CONSUMER CONFIDENCE REPORT

A regional publication on the source, treatment and distribution of water provided by **Des Moines Water Works** 

Des Moines Water Works' annual Consumer Confidence Report is now available at: bit.ly/2023waterqualityreport



This annual water quality report summarizes the results of our water monitoring program as required by the Environmental Protection Agency during 2022.

If you are unable to view the report or would like a copy mailed to you, please contact City of New Virginia at (641) 449-3492.

## REVENUE FOR APRIL

General \$32,259.13 **GAMP** \$ 577.22 \$26,743.44 Fire Elf Club \$ 185.43 Road Use \$ 4,242.87 LOST Funds \$ 4,039.88 Debit Service \$ 13.05 Water Utilities \$ 8,043.30 Total Revnue \$76,104.32

## Will be in July issue REVENUE FOR MAY

General \$
GAMP \$
Fire \$
Elf Club \$
Road Use \$
LOST Funds \$
Debit Service \$
Water Utilities \$
Total Revnue \$



## Virginia Boosters 4-H Club News Written by Brianna Fantz, Reporter



The Virginia Boosters 4-H Club held their April 12 meeting at 7:00 PM at the Lions Hall in New Virginia.

Mackie Loomis called the meeting to order at 7:00. Roll call was 'What is your favorite animal?' The secretary's report was read by Katie Cox, and Jaden McDonald gave the treasurer's report.

This month's old business discussion continues to talk about the Summer Reading Program opportunity with the library and help from the extension office.

The review of the monthly county newsletter began the new business, sparking conversation about upcoming dates-- Sheep and Goat Weigh-in on April 29 from 7-9 AM, getting YQCA done by June 1, Horse Project, Wednesday nights starting May 10-July 19, Youth Conference @ ISU June 27-29, Warren County produced due July 1, and Dog Project, Monday evenings 6 PM April 10-July 10. The 4-H club, also, discussed a club tour. The May host and presentation will be by Brianna Fantz.

Blake Erickson made a motion to adjourn the meeting, and Brady Streeter seconded.

The presentation was given by Blake who told the 4-H group about Braille. Another presentation was given by Peyten McDonald who discussed friendship bracelet making. The host for this meeting was Rosemary Steward.

The next meeting is on May 10 at 7:00 PM. Have a good rest of your month, the end.



Virginia Boosters 4-H Club News Written by Brianna Fantz, Reporter



The Virginia Boosters 4-H Club held their May 10 meeting at 7:00 PM at the Lions Hall in New Virginia.

Mackie Loomis called the meeting to order at 7:00. Roll call was 'What are you most looking forward to this summer?' The secretary's report was read by Brianna Fantz, and Jaden McDonald gave the treasurer's report.

This month's old business discussion continues to talk about the Summer Reading Program opportunity with the library and help from the extension office. They, also, talked about their club tour for the next meeting.

The review of the monthly county newsletter began the new business, sparking conversation about upcoming dates-- Enrollment of animals due May 15, Getting YQCA done by June 1, Horse project Wednesday nights starting May 10-July 19, Youth Conference at ISU June 27-29, New fair T-shirts and the club discussed getting one for each member of the club, Pullorum testing June 25, Online livestock entries, Rabbit workshop June 20, 6:30-8:00, Static entries judging July 22, Warren County Gardening class on May 23 at 6:00, Warren County produced due July 1, Lucky Charms Book Drive, and Dog project Monday evenings 6 PM April 10-July 10. Dates for fair clean-up and pre-fair picnic were also discussed which are July 10 and 17 at 6:00 for the clean-up and July 22 for the pre-fair picnic. The 4-H club also discussed helping the Lions at their stand for Old Settlers on July 8 and 9 as well as hosting an achievement show for static projects to get suggestions for the fair.

Blake Erickson made a motion to adjourn the meeting, and Brady Streeter seconded.

The presentation was given by Brianna Fantz who talked about milk. The host for this meeting was also Brianna Fantz.

The next meeting is on June 14th at 5:00 P.M. and it is when we will have our club tour. Have a good rest of your month, the end.

| CLAIMS REPORT                   |                                |               |          |            |  |  |
|---------------------------------|--------------------------------|---------------|----------|------------|--|--|
| VENDOR                          | REFERENCE                      | <b>AMOUNT</b> | CHECK #  | CHECK DATE |  |  |
| ALLIANT ENERGY                  | ELECTRIC/GAS/STREET LIGHTS     | \$518.20      | 14912    | 6/1/2023   |  |  |
| AT&T FIRSTNET                   | PHONE SERVICE                  | \$79.89       | 14940    | 6/12/2023  |  |  |
| BRENT BAUGHMAN                  | OTHER CONTRACTUAL SERV MILEAGE | \$127.20      | 14918    | 6/4/2023   |  |  |
| ELAN FINANCIAL SERVICES         | OTHER SUPPLIES DISC GOLF       | \$414.61      | 14913    | 6/1/2023   |  |  |
| CITY STATE BANK                 | PRINCIPAL PAYMENTS GO BONDS    | \$5,350.37    | 14939    | 6/12/2023  |  |  |
| DEBBIE BREESE                   | DEPOSIT REFUND                 | \$125.00      | 14919    | 6/4/2023   |  |  |
| ERIN THORNBURGH                 | GAMP SUPPLIES - CLEANING       | \$18.49       | 14921    | 6/4/2023   |  |  |
| GENTRY BURTON                   | DEPOSIT REFUND                 | \$125.00      | 14922    | 6/4/2023   |  |  |
| HY-VEE                          | MEDICATIONS                    | \$146.99      | 14914    | 6/1/2023   |  |  |
| IOWA DEPARTMENT OF REVENUE      | STATE TAXES                    | \$91.45       | 16326379 | 6/3/2023   |  |  |
| IA MUNICIPAL WORKERS COMPENSAT  | WORKERS COMP INSURANCE 23-24   | \$2,924.00    | 14924    | 6/4/2023   |  |  |
| IOWA PUBLIC RETIREMENT SYSTEM   | IPERS                          | \$290.99      | 16326380 | 6/3/2023   |  |  |
| INTERNAL REVENUE SERVICE        | FED/FICA TAX                   | \$331.43      | 16326381 | 6/3/2023   |  |  |
| J&L SANITATION                  | GARBAGE SERVICE - CITY         | \$62.00       | 14925    | 6/4/2023   |  |  |
| JUSTIN STRANGE                  | DEPOSIT REFUND                 | \$125.00      | 14926    | 6/4/2023   |  |  |
| LEXIPOL                         | EMS PLATFORM/MOBLIE SOULUTION  | \$623.15      | 14927    | 6/4/2023   |  |  |
| LINDE GAS & EQUIPMENT INC.      | OPERATING SUPPLIES             | \$43.64       | 14928    | 6/4/2023   |  |  |
| R& R MOWING SERVICE             | MOWING CITY AREAS              | \$1,150.00    | 14929    | 6/4/2023   |  |  |
| SOUTHERN IA COUNCIL OF GOVERN   | DUES FY2024                    | \$1,628.46    | 14930    | 6/4/2023   |  |  |
| STUYVESANT, STRONG, KRAPFL & CA | LEGAL SERVICES                 | \$673.75      | 14931    | 6/4/2023   |  |  |
| T.R.M. DISPOSAL LLC             | SPRING CLEAN UP                | \$1,197.70    | 14932    | 6/4/2023   |  |  |
| WARREN CO SHERIFF'S OFFICE      | LAW ENFORCEMENT CONTRACT FY23  | \$6,055.50    | 14933    | 6/4/2023   |  |  |
| WASTE MANAGEMENT                | RECYCLING                      | \$1,092.95    | 14938    | 6/7/2023   |  |  |
| WEX FLEET UNIVERSAL             | VEHCILE FUEL                   | \$408.30      | 14935    | 6/4/2023   |  |  |
| WHITNEY STUART                  | GAMP CLEANING                  | \$83.25       | 14936    | 6/4/2023   |  |  |
| WINDSTREAM                      | TELEPHONE/INTERNET             | \$348.12      | 14937    | 6/4/2023   |  |  |
|                                 | General Total                  | \$24,035.44   |          |            |  |  |
| ALLIANT ENERGY                  | ELECTRIC/GAS/STREET LIGHTS     | \$1,153.35    | 14912    | 6/1/2023   |  |  |
| IOWA GOOD ROADS ASSOCIATION IN  |                                | \$95.00       |          |            |  |  |
| IOWA GOOD ROADS ASSOCIATION IN  | Road Use Total                 | \$1.248.35    |          | 0/4/2025   |  |  |
|                                 | Road Ose Total                 | ¥1,240.55     |          |            |  |  |
| ANCEL KENNEDY                   | SERVICE                        | \$125.00      | 14917    | 6/4/2023   |  |  |
| AT&T FIRSTNET                   | PHONE SERVICE                  | \$22.29       | 14940    | 6/12/2023  |  |  |
| CITY STATE BANK                 | PRINCIPAL PAYMENTS GO BONDS    | \$4,400.63    | 14939    | 6/12/2023  |  |  |
| DES MOINES WATER WORKS          | WATER TESTING                  | \$15.00       | 14920    | 6/4/2023   |  |  |
| IOWA DEPARTMENT OF REVENUE      | STATE TAXES                    | \$95.13       | 16326379 | 6/3/2023   |  |  |
| IOWA PUBLIC RETIREMENT SYSTEM   | IPERS                          | \$323.26      | 16326380 | 6/3/2023   |  |  |
| INTERNAL REVENUE SERVICE        | FED/FICA TAX                   | \$364.03      | 16326381 | 6/3/2023   |  |  |
| WARREN WATER DISTRICT           | WATER USAGE/LOAN PAYMENT       | \$4,508.25    | 14934    | 6/4/2023   |  |  |
|                                 | Water Utilities Total          | \$9,853.59    |          |            |  |  |
|                                 | GENERAL                        | \$1,544.08    |          |            |  |  |
|                                 | GLINLINAL                      | 71,J44.00     |          |            |  |  |

## BORNTRAGER BROTHERS

**Total Payroll Paid** 

\*\*\*\*\* CLAIMS REPORT TOTAL \*\*\*



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Fun Fact
"Someone said "laugh and the world laughs with you. Snore and
you snore alone."



Wondering where to start or who to call? Take this as your *SIGN*.



Scan the code to see why so many others are choosing Tanner!











## CITY OF ST CHARLES

5 June 2023 City Council Meeting Minutes

The St. Charles City Council met at City Hall on Monday, 6/5/2023, for a regular meeting. Mayor Dennis Smith called the meeting to order at 6:33 PM.

Council members Tom Blomme, Dan Kozak, Lois Stanley, Whitney Hutton, and Megan Allison were present along with 4 guests.

Approval of Agenda: A motion was made by Tom Blomme/Dan Kozak to approve the agenda. Voice vote passed unanimously.

Approval of Minutes for Council Meeting from 5/1/2023: Motion made by Dan Kozak/Megan Allison to approve the minutes. Voice vote passed unanimously. Approval of May Treasurer and Budget Reports: Motion made by Megan Allison/Tom Blomme to approve the treasurer and budget reports for May. Voice vote passed unanimously.

Approval of June Bills: Motion made by Megan Allison/Whitney Hutton to approve the June bills. Voice vote passed unanimously.

Sheriff's Report: During March there were 39.93 patrol hours, 10 calls, and 8 traffic stops in St. Charles.

City Boards/Committees:

- ·Fire/Rescue Department: May Minutes were submitted.
- ·Library Board: May Minutes were submitted
- ·Welcome Center: Mary Seibert was present. The Tourism Board has received a grant from the Greater Madison County Community Foundation for repairs and upgrades to the Welcome Center.
- ·Old Settlers: The street closing request was submitted to the Council. Motion by Whitney Hutton/Tom Blomme to approve the closing of W Market, S. Lumber Street, S. Cross Street, and Main Street during the celebration.
- ·Maintenance Report: InRoads is hoping to start road construction in July, weather permitting. There was a discussion on mowing and overall maintenance within the City.
- ·Emergency Management: May's Coordinator Report was submitted. Dio and Lexi were present to discuss what is needed for Old Settlers and Hinterland.
- ·Clerk's Report: City Election information was shared with the Council. Three Councilmen and the Mayor will be up for re-election. Anyone wanting to run for City Council or Mayor may stop at City Hall for information and paperwork. Casey's Tobacco Permit Renewal: Motion by Megan Allison/Whitney Hutton to approve the renewal of Casey's Tobacco Permit. Voice vote was unanimous. Public Hearing Proposing the Disposal of Interest in Real Property, Vacated Alley: Motion by Dan Kozak to open the public hearing at 8:08 pm. The Public Hearing was closed at 8:11 pm with no public comment.

Resolutions 6A-2023 Resolution Directing the Sale of an Interest in Real Property: Motion by Tom Blomme/Dan Kozak to approve Resolution 6A-2023 Directing the Sale of an Interest in Real Property. RC vote was unanimous. Previously approved in 2019.

Crabapple Tree 205 W Main St.: Motion by Megan Allison/Tom Blomme to contact Precision Tree Care to have the tree removed.

Opportunity Forms: The Council was given an update concerning letters mailed and properties being worked on. Emailed concerns were also shared with the Council.

Nuisance Meeting: Tom Blomme attended a League of Cities seminar concerning nuisance properties. He shared with the Council the information on procedures cities are to use when dealing with nuisance abatements.

Public Forum: No public asked to speak.

Old Business: No old business

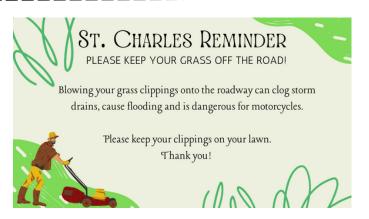
New Business: Hinterland may want to ask the Council about installing an electric plug at the

East Sign and reimbursing the City for any power they would use.

Motion made by Whitney Hutton to adjourn the meeting at 8:38 pm. The next City Council meeting will be July 10, 2023, at City Hall.

Dennis Smith, Mayor Attest: Tracy Kozak, City Clerk

Posted at: City Hall, Post Office, Montross, and Library



## St. Charles Public Library St. Charles, IA

May 2023 scplibrary@myomnitel.com 113 S. Lumber St. 641-396-2945 Sun: 1-5 pm Mon: 10 am-6 pm Tues: Noon -8 pm Thurs: Noon-8 pm Sat: 9 to Noon



Remember to join us every Thursday at 6:30 for story time

At the St. Charles Library



## CITY OF ST CHARLES

## St. Charles Old Settlers 2023 Cookin' Up Some Fun!



St. Charles will be Cookin' Up Some Fun this year at our 137th celebration of the Old Settlers Reunion. Heat remains a constant at our summer celebrations, so once again we are embracing that and selected the theme Cookin' Up Some Fun! There is an old saying - If you can't handle the heat, get out of the kitchen. That does not apply here. Come join us for the food, fun, and heat.

Friday night we will once again celebrate our community and commerce by hosting an event called Scoop the Loop. Businesses will be open on Main Street, and businesses will set up in Old Settlers Park. Grab a game card and Scoop the Loop, visiting each to be eligible for the Luv the Locals basket and prizes. Meet and celebrate some of our local businesses, organizations, and entrepreneurs. The official kickoff will begin with the opening ceremony and coronation of King & Queen, Roger and Sheryl Young. We will then honor our veterans by awarding Quilts of Valor to eight deserving individuals. We will introduce our silent auction items and then do the Luv the Locals giveaways. The evening will cap off with classic rock and country music by the Imperial Mudpuppies, sponsored by Farmers & Merchants Bank.

Saturday offers a plethora of activities, starting with breakfast sponsored by the St. Charles Community Foundation at 7:00 a.m. The Gateway 5K and Fun Run begins 8:00 a.m. at the Imes Bridge. Register by July 1st to get a T-shirt. Then hustle up to play disc golf or 3 on 3 Basketball at the city park. Pickleball is tentatively on the schedule, hoping the lines will be painted and the official net will be up by that weekend. Fingers crossed!! Looking for something more mentally challenging and less physical? There will be a cribbage tournament in the Lions Hall at 9:00 a.m.

The ever-popular pedal-tractor pull returns for the kids ages 3-11. We welcome a new puller this year, Ohana Pedal Pullers. This event is sponsored by T & M Construction. Kids will participate with kids their own age, and some may qualify for the state event. The morning continues with the Old Settlers Vehicle Show & Shine event revving up on Main Street from 10:00 a.m. to 2:00 p.m., sponsored by PitStop Performance. During the Car Show and Shine Corner Service will again be open for business. The SCOS bags tournament has moved to a morning start time. Bags fly at 11:00 a.m.

The afternoon is full of activity for all ages. Family Fun is returning with games and contests: rides, water slides and train rides for the kids; the spelling bee; and 10¢ Bingo will be in the Lions Hall. For those wanting to try out their culinary skills, the Baking for Backpacks event is for you. Bakers of any age can enter their masterpieces in the contest. They will be evaluated with their peers by age and then auctioned on the stage. All proceeds will go to the I-35 Backpack program for families with food insecurity.

Shortcuts to Charcuterie? What is Charcuterie? Join us for a workshop and learn how to do some of that cute stuff that you see in pictures. Register by July 8th at SCOS @myomnitel.com. Board and product provided for \$20. It's a foodie thing.

Speaking of food....It's a Steak Off! The Madison County Cattlemen are sponsoring a fun and easy grilling competition for all backyard chefs. Two steaks will be provided with the entry fee - one for judging and one for crowd sampling. Starts at 2:00 p.m., judging and sampling begins at 5:00 p.m. Monetary and product prizes will be awarded at 5:30 p.m. on the stage. Deadline to register is 08 July. Email scos@myomnitel.com for specifics. The St. Charles all class reunion will be gathering at the Baptist Church, also starting at 2:00 p.m. I would be remiss if I did not remind everyone that all ages are welcome, and I am sure others are welcome also to come and see friends young and old.

Saturday evening kicks off with the parade at 6:00 p.m. The parade master is Cookin' Up Some Fun and invites businesses, sports teams, and anyone to participate. Registration is at 5:30 p.m. at the city park. Monetary prizes are awarded for theme interpretation in three categories: large float; small float; and bikes & walking. After the parade, move on down to Old Settlers Park and get ready for Cow Pie Bingo. Make sure you purchase your lucky square. The cow, compliments of Nehring Farms, will be released at 6:45 p.m. A \$200 Casey's gift card is given to the owner of the square where the cow pie lands. There are only 100 squares. Get yours and be a winner! The evening continues by honoring our Old Settlers Button Honorees for 2023, Bernie & Teddie Gray and their family. The silent auction will feature breadboxes painted by four of our talented local artists, Sue Cornelison, Laurie McKinney, Gloria Morarity and Jolene Schwery. The beauty of the box and their interesting contents will inspire you to make a bid and help support SCOS next year. The bidding will begin on Friday evening and continue until Saturday at 8:30 p.m. Need not be present to win, but do need to be present to bid. Watch Facebook for the breadbox information.

With all this talk of food and cooking, how could we forget to mention our food and snack folks! Our longtime partners, the St. Charles Lions Club, will be serving their infamous lionburgers as well as pork chops. The St. Charles Parish, also a staple, will be serving ice cream and desserts. The Boy Scouts will be there with their funnel cakes and corn dogs on Saturday. The I-35 cheerleaders will be offering afternoon snacks of popcorn and cotton candy. We are bringing in some food trucks to satisfy your cravings. On Friday night, we will offer a Mexican menu by Antojitos Mexicanos. Saturday will bring Off the Griddle and Sticky Fingers, as well as the ice cream truck with his treats.

Cooking and food are great unless you are hungry. We as a community can help those who are not able to have three squares a day. We are going to sponsor a SCOS Food Drive. Please bring a non-perishable item to donate. There will be containers strategically placed around Old Settlers Park at the city park and at the parade. We will divide your donations among the local food pantries and organizations that are there to provide. Give with your heart. Help others to cook up some fun.

We hope you will come and enjoy the weekend with us. Check out the schedule and get involved. We look forward to seeing your smiling faces. "Like" us on Facebook St. Charles Old Settlers, Our website will offer the most updated information www.scoldsettlers.org or email us at scos@myomnitel.com.



## ROADRUNNER PRIDE INTERSTATE 35 COMMUNITY SCHOOL DISTRICT

## Mr. Adam Beckel takes over as Secondary Principal

We are pleased to announce Mr. Adam Beckel has accepted the job of Interstate 35 Secondary Principal. He's joining I-35 from his role as Pella High School Principal. Mr. Beckel is focused on building strong relationships with students, staff and the community so students and staff can succeed. This philosophy dovetails with our own mission of supporting students for success. The interview committee made up of parents, teachers and other staff, along with the Administration panel feel that Mr. Beckel's drive to help students succeed will be an incredible asset in our community. We believe he will help our community connect, rebuild trust and help positively shape the future of our school.



"I believe in connecting with students, staff and the community so we can grow together and create student success in the classroom and beyond. I am excited to join the Roadrunner community where I can share my passion for excellence with you all as we look to the future and set goals together."

Mr. Beckel has been in education for almost 20 years. He and his wife, Angela, have been married for 18 years and have two sons, Jack (12) and Hank (7).

## **Congratulations to our Retirees**

Celebrating retirees is always bittersweet. These four individuals combined for 105 years of service to the district. Mrs. Nancy Calvert was recognized for her 37.5 years of services. Colleagues expressed the willingness of Mrs. Calvert to be a continual learner and a great teammate. Mr. Tim McKinney served in many roles at I-35 over the past 36 years. In addition to his tremendous impact in the classroom, Mr. McKinney also impacted countless students through coaching and mentoring.

Mrs. Brenda Erickson also retires this year after 17 years of service at I-35. Her

commitment to students--staying late, coming in early, working through prep periods - all define Mrs. Erickson's passion for learning. Finally, Mr. Art Smith retires after 15 years of transporting students to school. While there has been some talk of Mr. Smith having a list of things to do now that he is retired--we know his time off is well deserved. We wish all of our retirees success in whatever the next chapter is for them.



## **Elementary Celebrates Growth and Continues Learning Throughout the Summer**

Our growth this past school year was so impressive. Our students grew dramatically in proficiency on various assessments. The students also demonstrated significant growth from beginning to end of the school year, no matter where they were on the continuum. As a staff and student body, we will work to continue to build on our growth in the upcoming year. We are excited to have some teachers moving positions to best meet the needs of our students. We are also excited to build on our departmentalization, acceleration, and instructional development platforms as we head into this next school year to boost our students' success with the learning goals we have in place!

The school is a busy place in the off-season. Our cleaning crew is hard at work preparing classrooms and updating floors around the building. Our daycare is rocking and rolling, and their conversations make the empty building feel a little more alive. One of the most exciting things during the summer break is the teacher learning! We have teachers putting time all over the state of Iowa and beyond, modeling the stance of a learner and building their craft as professionals. It is so exciting to see teachers go out to experiences where they can network, gain access to great resources or philosophies, and renew their energy for the upcoming school year. Throughout the fall, teachers will share learning with their peers, so that our entire team can benefit, and thus our students will be further impacted by our summer learning as a staff.

## **Infinite Campus: A Switch in Student Information Systems**

Interstate 35 has recently chosen to use Infinite Campus as our student information system. Infinite Campus is a district-wide student information system designed to manage attendance, grades, schedules, assessments and other information about the students at Interstate 35.

You will have access to the Campus Portal which is a confidential and secure website that allows parents/guardians to log in and view their child's progress in school. There is also an app available for both iOS and Android devices. The goal of the Campus Portal is to create a better partnership between parents and teachers.

Logging into the Campus Portal will allow you to view the following real-time information about your child including demographic, grades, reports, schedules, attendance, district and school notices, student assignments, graduation progress, transportation information, assessment scores, academic planner, cafeteria balances, school calendar, and to-do lists.

If you have additional questions regarding Infinite Campus or Campus Portal, please contact Heather Wells at <a href="https://hwells@i-35.k12.ia.us">hwells@i-35.k12.ia.us</a> or 641-765-5215.

- 8

## Trap Shooting Team celebrates another successful season

The I-35 Shooting Sports Trap team wrapped up their season this month by participating in the annual Iowa State Trap Shooting Championship in Cedar Falls hosted by the Iowa DNR.

Over 4,900 athletes participated with each athlete shooting 200 clays each; trying to get one of the coveted top 6 placements. The Roadrunners showed up to compete and, for the first time in the team's history, brought home two state placements. Congratulations to the following athletes for their placements:



Iowa State Trap Shooting Chamionship in June 2023.

Natalie Gibson - 3rd Place Ladies Division - Shooting 195/200 clays including a 125 Straight Badge

**Amelia Chadwick** - 4th Place Ladies Division - Shooting 194/200 clays including a 75 Straight Badge

Several other personal records and badges were earned. Congrats to the following athletes for their achievements:

Handicap Trap: **Kolter Good** - 25 Straight

Singles Trap: Logan Heaberlin - 25 Straight; Laura Strange - 25 Straight; Kolter Good - 25 Straight (x2); Nick Moomey - 25 Straight; and Braden Andrew - 25 Straight.

## Roadrunners Wrap Up Spring Activities and Kick Off Summer Activities

The Interstate 35 student athletes ended the spring athletic season with a handful of postseason accomplishments/awards. Both the Girls and Boys Track teams saw success this season, winning invitationals and both ending with team members at Drake University for the 2023 State Track & Field meet 5/18-5/20. The Golf team has seen an increase in participation numbers, hosting their own golf meet for the second year in a row, and looking to grow and push into the postseason in 2024.

As the summer season began, the Roadrunners Baseball team got the opportunity to play Central Decatur at Principal Park, hosting "Roadrunner Night at the Ballpark" and celebrating longtime baseball coach, Jeff Douglas, on his induction into the Iowa High School Baseball Coaches Association Hall of Fame. Over 350 fans made the trip to Des Moines to watch the win over Central Decatur. The Softball team has continued to battle tough teams the first four weeks of the season, while making trips to invitationals to Cedar Rapids, Winterset, Mount Ayr, and hosting their own home Saturday triangular in early June to prepare themselves for the postseason in 2023. Youth Baseball/Softball Night will be on 6/27 as we encourage all youth baseball and softball players to come to the games, wearing your I-35 youth team jersey will get you free entrance. Senior Night for our summer teams will be Thursday, 6/29 against Pleasantville. GO ROADRUNNERS!

## **Upcoming Events**

Come out and support the ROADRUNNERS over the next few weeks!!!

Wednesday, June 21 Softball vs. Woodward Granger Thursday, June 22 Softball at Ogden Thursday, June 22 Baseball at Ogden Saturday, June 24 Softball at Indianola

Tuesday, June 27 Softball vs. Panorama
Tuesday, June 27 Baseball vs. Panorama

Wednesday, June 28 Softball at Ankeny Centennial

Wednesday, June 28 Baseball vs. Bedford
Thursday, June 29 Softball vs. Pleasantville
Thursday, June 29 Baseball vs. Pleasantville
Friday, June 30 Softball Regional TBA
Saturday, July 1 Baseball District TBA
Wednesday, July 5 Softball Regional TBA

Wednesday, July 5 Baseball District TBA
Friday, July 7 Softball Regional TBA

Saturday, July 8 Baseball District Final TBA

ALL athletic competitions are VARSITY contests. For all sport and activity calendar please visit www.roadrunnerpride.org

## Go ROADRUNNERS

Reminder: Be on the lookout for the Summer Roadrunner Report. It will be mailed in mid-July.

## **Summer Reading: Find Time to Pick Up a Book**



Why is reading over the summer so important? Summer is here and time to play a game of backyard baseball, softball, go to the park, swim at the pool, as well as read and enjoy time with family and friends. Encouraging children to read over the summer months is critical and very important in order for your child to maintain and improve their reading skills in English, math, science, and history.

Ways to support your children during the summer months to read may include: participating in summer programs at the local library, finding literature about the various topics you will be experiencing while on vacation, reading about places to go on camping trips, visiting the zoo, museums, and so forth. Students can be encouraged to get engaged by reading a variety of materials, such as magazines, board games, recipes, menus, graphic novels, comic books and ebooks.

When adults model and take time to read with their children, reading can be fun and exciting to where the children explore new learnings while improving their literacy and thinking skills. Resources such as Scholastic News, Reading Partners, Study.com and/or researching 5th, 6th, 7th, and 8th grade reading book lists can be of assistance to you and your children for summer reading.



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Shawn Murphy Tony Ballanger
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(641)726-3027 home (641)724-9557 home

Barn (641)535-6065

www.russelllivestockmarket.com



In the Years Past....

May 30, 1911 The first Indianapolis 500 was held

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P.O. Box 219 407 South Street New Virginia, IA 50210

Steve Savage 515-360-0911





Recycling Dates
New Virginia

Thursday June 29th Thursday July 13th Thursday July 27th

# REPAIR

Visit us at our new location at 21185 20th Ave
New Virginia Iowa. One mile east of Interstate 35 at
the Truro exit. We are located in front of AEC and now
have a larger shop and concrete drive.
Come check us out!

(515) 468-3149 BigMikesRepairLLC@gmail.com

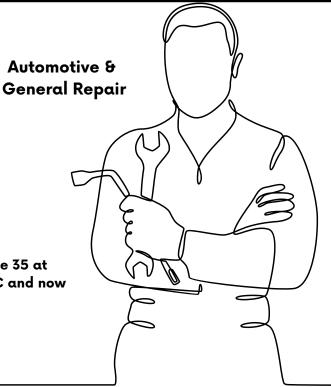
## American Legion

New Virginia Chapter

Meets Second Thursday Of the Month at 7:00 P.M.

Breakfast Second Saturday 7:00-10:00 A.M. Take-out available.

For Hall Rental Contact Roger Kitner. 515-230-8494



## Community Happenings

The New Virginia Community Refrigerator will be reopening in a new location effective immediately. It will be located at Jesus' Right Hand at 413 West Street and will be open during office hours (9:30 a.m. – 11:30 a.m.). On Mondays, staff will be next door at the JRH distribution center from 9:30 a.m. to 3:00 p.m. if you should need Community Refrigerator resources. We ask that any person under age 18 please bring a parent/guardian with them if coming to take food. We hope that this will serve as a reasonable solution to any problems we've had before with the New Virginia Community Refrigerator. The format will remain the same as it was at the NV Library location; you can come and get the food you need, no questions asked, no ID and no income requirements. Take what you need, and if you have contributions toward the Community Refrigerator, please bring them in.

This location will allow us to restock the refrigerator more often with a larger variety of foods since we will have 24/7 access. Many weeks, we are picking up fresh donations at least three days a week, ensuring that we will be able to keep a fresh supply of produce, meat, ready-to-eat meals, dairy and more available for our community. We want to thank the NV Library for being the initial host of the Community Refrigerator, for without their efforts and cooperation, this program probably wouldn't have been a reality for New Virginia. For more information, please call Jesus' Right Hand at 641-449-3377.



I-35 Neighborhood Vacation Bible School July 24-26, 6-8 PM

Truro City Park Games Lessons Songs Bring a friend!



It's not too late to donate to the New Virginia ELF Club for the LED lights for the blue spruce tree in Old Settlers Park for the 2023 season. Without your generous donations we would not be able to bring this to fruition.

The club members would like to recognize the contributors to date, and express our appreciation to the community members and businesses. Thank you so much!

Betsy Haas-Reineck - Coldwell Banker Jane & Tim Busby – Busby Auction Service Strange Electric & Performance Inc.

New Virginia Hometown Pride

Nindy & Jim Coles

Krisha & Max Schauf

Chris & Nicci Truman

New Virginia Garden Club

Savage Excavating

Donations can be made at City State Bank in New Virginia or mailed to the following address:

New Virginia ELF Club 1051 Starline Avenue New Virginia, IA 50210

Please make your check payable to New Virginia ELF Club. Thank you for your support.

## **BUSBY AUCTION SERVICE**

Complete Auction Service: busbyauctionservice@gmail.com



Tim Busby (641) 449-3619 (515) 238 - 9866 New Virginia, IA

## **New Virginia Fireworks DONATIONS STILL NEEDED FOR 2023 NEW VIRGINIA FIREWORKS**

The Saturday evening fireworks are a big part of our Old Settlers Celebration. We still need donations to pay for the 2023 fireworks. For those of you who like to do your business online, the New Virginia Old Settlers Association has set up a Venmo account for online donations. Our link to donate is

https://venmo.com/NewVirginia-OldSettlers. You can, also, donate to the New Virginia Fireworks Fund at City State Bank or you may, also, mail a check (please write fireworks in the memo) to the New Virginia Fireworks

Fund at the following address: City Clerk of New Virginia

PO Box 302

New Virginia, IA 50210

Any questions feel free to contact Deann Strange (515)210-8847 or newvirginiaoldsettlers@gmail.com





## **Truro Public Library**

Tuesday 9:30 am - 3:30 pm Wednesday 3:30 pm - 6:30 pm Thursday 10:00 am -6:00 pm

Saturday 9:00 am - noon Summer Reading Program starts June 1st!

### Check out this month's new books!

The Survivor by Iris Johansen Cross Down by James Patterson A Little Ray of Sunshine by Kristan Higgins Check us out on Facebook for any updates! www.truro.lib.ia.us



# Class of 2023

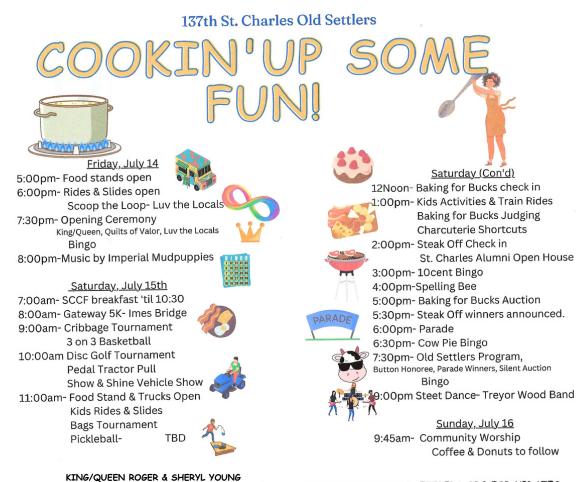






Bottom Row (L to R): Devin Webb, Kristen Keeney, Averi Schad, Rylan Schad, Abigail Krumme, McKenzie Keeney, Rylee Becker, Hunter Anthony Second Row (L to R): Grace Miller, Erin Nelson, Hadley Pearson, Macy Steele, Charlie Tiano, Blake Kahoe, John Cassady, Cole Keller, Luke Frost, Braelynn Long

Third Row (L to R): Dakota Young, Kailey Phinney, Tyler Higens, Nicholas Arndt, Julian Huston, Jaysee Ameigh, Eric Reines-Schmidt, Grayson Phillips, Italia Chiovaro Fourth Row: Jared Lamb, Dustin Ralls, Greyson Hall, Brice Jones, Collin Arndt, Trapper Salazar, Jack Connor, Cayden Arpy, Emery Gibson, Justin Wenck



WATCH WWW.SCOLDSETTLERS.ORG FOR UPDATES

## Farmland Leasing Meetings to Address Setting Fair Cash Rents

BUTTON HONOREES - TEDDIE & BERNIE GRAY

Iowa State University Extension and Outreach is conducting 11 in-person farmland lease meetings in Central Iowa during late July and early August. Meeting sites include Adel, Altoona, Ames, Boone, Grinnell, Indianola, Knoxville, Newton, Marshalltown, Oskaloosa, Traer and Winterset. Pre-registration is required by noon on Thursday, July 27.

Discussion will focus on methods determining a fair 2024 cash rental rate and the importance of good landlord/tenant communications. According to the May 2023 Annual Cash Rental Rates for Iowa Survey (File C2—10), cash rental rates for Iowa farmland rates which increased, on average, 9% in 2023 to \$279 per acre. This is a substantial increase in cash rents since 2013.

Madison County Extension is hosting an in-person meeting on Tuesday, August 1, beginning at 9 am. This meeting will be held at AgriVision, 1200 E Hwy 92, Winterset. Patrick Hatting, Farm Management Specialist, will facilitate the two-hour meeting. Participants of the in-person meetings will receive a 100-page Farmland Leasing Arrangements booklet, plus meeting handouts designed to assist landowners, tenants and other agri-business professionals with issues related to farmland ownership, management, and leasing arrangements.

Madison County Extension at 515-462-1001 to pre-register. The \$20 per individual fee is payable by cash or check at the door. For a list of meetings statewide, check the ISU Extension calendar at <a href="https://www.extension.iastate.edu/agdm/info/meetings.html">www.extension.iastate.edu/agdm/info/meetings.html</a>.

## I-35 2023 GRADUATE SELECTED TO PARTICIPATE IN SHRINE BOWL

Five 2023 graduating football players from Warren County were recognized by the Warren County Shrine Club for their selection to participate in the 51st Shrine Bowl Game. They will head to Cedar Falls on July 16 for a week of practice and fun culminating with the North/South football game on Saturday, July 22, in the UNI-Dome.

The process begins with nomination letters being sent to every school in the state of Iowa. Each school may nominate two players, one offensive and one defensive player. The nominations are not solely based on athletic ability but include positive character qualities, grades and community and church activities. The selections are evenly distributed between different areas of the state and different sizes of schools.

The Iowa Athletic Association recommended Zach Sweeney of Winterset as the head coach for the South team. Mr. Sweeney served as an assistant coach in a previous Shrine Bowl game. The coaches review all the nomination letters and pick 92 players for the North and South teams.

T.J. Duff, from Interstate 35, was one of the five players from Warren County selected to play on the South team. T.J. plays DE and DT. He will play football for Central Community College in Fort Dodge this fall.

Other players selected from Warren County were: Maddux Borcherding Johnson from Norwalk attending University of Iowa in the fall, Dillon Ranck from Norwalk attending Iowa State University in the fall, Jes Krcil from Carlisle attending Wayne State in the fall and Bennett Brueck from Indianola attending Sioux Falls in the fall.



## Community Happenings

LoveDragons Presents

## Summer Splendor Country Market

July 15th & 16th, 2023

Time: 10:00am - 4:00pm

Avenue of the Saints Event Center

(Location of Hinterland)

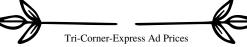
3357 St. Charles Rd,

St. Charles, LA 50240

Food will be available onsite No cover charges ever

> Share your Creations at the 2023 New Virginia Old Settlers Arts and Crafts Show

There will be an arts and crafts show in the New Virginia Lions Hall on Sunday, July 9. The project must be handcrafted and must have been completed by the person displaying the item. We will have 3 age divisions: kids division 0-12 years old, junior division 13-18 years old and adult over 18. We will try to divide the age groups into categories of items. Examples of items would be painted glassware, stained glass, metal or wood working, paintings, drawings, craft items, sewn, knitted, embroidered, or crocheted items. The items can be brought to the Lions Hall at 9:30 am and the show will start at 10 am and end at 2 pm. Please make arrangements to have all items picked up by 2:30 pm. Ribbons will be awarded for 1st, 2nd, and 3rd. Be creative and participate. Items will not be for sale, but exhibitors may have business cards or flyers available. If you would like to volunteer to help with the show or have questions, please call Deann Strange at 515-210-8847.



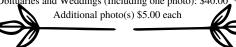
The Tri-Corner-Express ad current prices are as follows. Please email us your ad at tricorner@newvirginia.com or drop off your ad at Black Mailbox labeled Tri-Corner-Express on The Hen House -

## West Street

| New Virginia, IA |          |  |
|------------------|----------|--|
| 2 x 2            | \$20.00  |  |
| 2 x 3 1/2        | \$30.00  |  |
| 3 x 4            | \$45.00  |  |
| 5 x 7            | \$85.00  |  |
| 10 x 7           | \$175.00 |  |

Thank You's, Birth Announcements, Birthdays, & Anniversaries: 0 - 50 words = \$5.00 51 - 100 words = \$10.00

\$0.10 per word over 100 words \$5.00 for each photo Obituaries and Weddings (Including one photo): \$40.00\_\*



## **New Virginia & Truro Public** Libraries Present



**Summer Reading Starts** June 1st thru July 29th! Come into either library for more information or visit their websites or Facebook pages! Activities for all ages every week!

First 30 kids to sign up will receive a free zoo pass!







Rae Carolyn Miller

Rae Carolyn (Garrett) Miller, age 90, passed away on Friday, June 2, 2023 at the Southern Hills Specialty Care. She was born on August 1, 1932 in Sedalia, Missouri to Ellis and Hannah (Gieschen) Garrett.

Funeral Services were held on Tuesday, June 6, 2023 at 11:00 am at the New Virginia United Methodist Church, 301 West St., New Virginia, Iowa, 50210. Visitation was held one hour before the service at the church. Burial was held on Wednesday, June 7, 2023 at 9:00 am at the Ankeny Memorial Gardens Cemetery in Ankeny, Iowa.

Rae graduated from Smith Cotton High School in Sedalia in 1950. On November 14, 1954 she was united in marriage to Dale S. Miller in Sedalia, MO and there were two children to this union, Greg and Brian. She was a city girl most of her life, living in Sedalia, Independence and Lake of the Ozarks, Missouri and Spencer and Ankeny, Iowa until 2007. Then she became a country girl settling in rural New Virginia, Iowa. In 2022, she moved to Homestead Assisted Living in Osceola, Iowa.

Rae "volunteered" as a bookkeeper for Dale Miller Ford and Complete Travel in Ankeny, Highway 13 Boat Dock in Kimberling City, MO and Dale Miller Chevrolet in Sedalia, MO over the years. Mainly though, she was a homemaker for her family. Rae was an excellent cook and loved to share her recipes with friends and family. She was known to host amazing dinner parties over the years. While with her girlfriends from New Virginia, Rae would find new places to eat and they would visit through the afternoons. She was an accomplished artist and specialized in oil and water color painting, and also china painting. Her various works of art were donated to the New Virginia Library for a fundraiser. Rae enjoyed traveling with her friends and family, she explored the USA and Europe over the years. Most of all, she dearly loved spending time with her family, especially her grandchildren and great grandchildren.

Rae attended and was a member of the United Methodist Church over her whole life. She was also a member of Beta Sigma Phi for over forty years, the Chattie Hatties Red Hat Club of New Virginia, the New Virginia Garden Club and she volunteered for the Tri-Corner-Expresss newspaper in New Virginia. Rae was very proud of her work with the Ankeny Welcome Wagon in the mid 70's.

Rae was preceded in death by her husband of forty four years, Dale S. Miller; parents; sister, Dorothy Alexander and brother in law, Robert Alexander. She is survived by her two sons, Greg (Cindy) Miller and Brian Miller; four grandchildren, Erin Miller, Jordan (Colleen) Miller, Hannah Miller and Amanda Miller; two great grandchildren, Ivory and Landon Miller; sister in law, Sandra Miller and several nieces and nephews.

In honor of Rae Miller. This was a recipe submitted by Rae Miller, a past volunteer of the Tri-Corner-Express Committee. Thank you Rae for all of your hard work and dedication to our local paper.

BEEF STROGANOFF

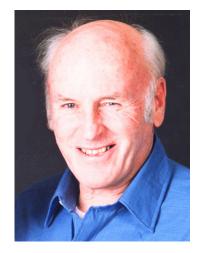
1 lb. cubed-steak Flour

2 T. oil 1/2 cup chopped onion

1 can tomato soup 1-6 oz. can of mushrooms (retain the liquid)

1 cup sour cream 1 T. Worcestershire sauce 6-8 drops Tabasco sauce Salt, pepper and garlic to taste

Directions: Dip meat in flour and brown in oil. Add onion, garlic and mushrooms. Combine sour cream, tomato soup, mushroom liquid and seasonings. Pour over meat; simmer until tender. (about 1 hour). Serve over spaghetti (or rice). Sprinkle with parmesan cheese. Serves 4-6.



Kenneth Lee Voltmer, 91, of New Virginia, passed away June 10, 2023 at Regency Care Center, Norwalk.

Ken was born October 7, 1931 at Henry Ford Hospital, Detroit, Michigan to Frank and Irene Voltmer. He graduated from high school in St. Clair Shores, Michigan. Having completed a Michigan State agricultural short course, Ken joined the Army and served in Korea as a mechanic, achieving the rank of sergeant. He married Rosanne Marie Lantz on September 14, 1952 in Fairview, Michigan. Ken then worked as a hired hand at farms in Cambridge and

Bondurant, Iowa until they moved to Sigourney, Iowa, farming there for five years. They moved to the New Virginia farm in 1960. Ken and a partner later started Frederick and Voltmer Manufacturing which employed 30, and later became the Seed and Grain company.

Ken treasured his wife, Rosanne and loved his children, and was proud of their accomplishments. He especially enjoyed seeing his grandchildren and great-grandchildren. In earlier years, he enjoyed square dancing, camping, canoeing, flying lessons, and travel. Ken accepted Christ as his savior at a Youth for Christ rally at age 19. His faith shaped his service to others, which was an integral part of his life. In 1971 he challenged the community to match his \$500 donation (an inheritance from his grandmother), to start a library. He and others started an ambulance service with a fixed-up ambulance, and became EMT-trained. He traveled to Mexico on mission trips for 10 years. He served in Honduras for 30 years doing missions work. He established and supported a feeding program in Honduras serving 1700 kids in 16 schools. While in Honduras he helped distribute 7000 New Testaments as a Gideon. He served with New Virginia Development Corporation, Grief Share, nursing homes, Vets hospital, Winifred Law Opportunity Center, Habitat, volunteer firefighter, hospice, and church leadership positions. Ken was a storyteller, a joker and a kidder. Many a guest was startled when he brought out the mummified cat. We will miss him profoundly.

Those relatives who preceded Kenneth in death were his parents; stillborn infant daughter, Sheryl Voltmer; wife, Rosanne Marie Voltmer, brother, Robert Voltmer, father-in-law, J. Carl Lantz, mother-in-law, Edna Marie Lantz, sister-in-law, Carlyne Jeffries, brothers-in-law, Keith Lantz and Bill Lantz. Kenneth leaves to cherish his memory; son, Gary Voltmer of New Virginia, IA, daughter, Luanne (Steve) Marten of Kansas City, MO, daughter, Jerilynn (Alan) Bush of Sheboygan, WI, son, Steve (Beth) Voltmer of New Virginia, IA, grandchildren, Andy (Katie) Marten of Prairie Village, KS, Alex (Megan) Marten of Spring Hill, KS, Tom (Megan) Marten of Mission, KS, Pete (Estarah) Marten of Kansas City, KS, Joe (Liz) Bush of Madison, WI, Courtney (Chad) Stanley of New Virginia, IA, Tanner (Abbie) Loyd of Indianola, IA, Mackenzy (Eric) Scrivner of St. Charles, IA; great-grandchildren, Evelyn, Nick, Emmy Marten, Ellie, Charlie and Hattie Marten, Makenna, Hadley and Hayden Loyd, Lincoln Stanley, Myles, Grace and Emmitt Scrivner, as well as other relatives and many friends.

Services were held at Kale Funeral Home - Osceola, Saturday June 17, 2023 at 10:30 am with Pastor Jon Duey officiating. The family greeted friends from 6:00 pm to 8:00 pm Friday, June 16, 2023 at Kale Funeral Home. Memorial contributions may be directed to EveryStep Hospice 3000 Easton Boulevard, Des Moines, Iowa 50317, Gideon International PO Box 140800, Nashville, TN 37214-0800.





Not 1 person in 1000 can keep his hands in his pockets while giving directions.

## **ALL NEWS/COMMUNITY HAPPENINGS** WELCOME

We welcome anyone who would like to submit news items, points of interest or any other community happenings to be published in the paper. These items would be family gatherings, places you have been, or news items that have taken place. Please place these items in the black box located at the Hen House or email them to tricorner@newvirginia.com. We will publish them in our paper.





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It's amazing how things in life can change at just the drop of a hat. One day your life is speeding along the highway of life on cruise control and in an instant, it comes to a screeching halt. A pink slip at work, a concerning diagnosis during a routine doctor's exam, a car accident, maybe even a house fire. I'm sure you can think of many examples where your life has taken an unexpected turn with a phone call, email or other encounter. You feel totally unprepared, and your life is instantly upended. These craters in the road leave us reeling and lost with seemingly nowhere to turn. Once the initial shock wears off, you begin to evaluate the situation and take the first initial step to deal with the situation. Slowly, but surely, you settle into your new normal. Some people take the "Improvise, Adapt, Overcome" motto to heart and plow through, full steam ahead. Others take a more analytical approach to their situation, relying on their years of life experience combined with online research to deal with the life change. Of course, there will always be a portion of the population that will pull the blanket over their head, pull the curtains and refuse to deal with the reality of the situation.

The truth of the matter is that life isn't fair. It wasn't fair 2,000 years ago when Jesus walked on this earth, and it remains the fact today. It's just part of living in a fallen, sinful condition which was bestowed upon us at a location called the Garden of Eden. However, God has made a clear and definite way for us to live an overcoming life without having to resort to any of the three examples of reactions to problems given earlier in this article. All of these reactions are examples of "man's ways" ...plowing ahead, analyzing and relying on experience, or outright withdrawal and denial. In Proverbs 14:12, the Bible tells us "There is a way that seems right to man, but its end is the way of death." Death. Wow, that is harsh. But let's allow the Bible to interpret the Bible. In Proverbs 3:5-6 it tells us, "Trust in the LORD with all your heart, and lean not on your own understanding; in all your ways acknowledge Him, and He will make your paths straight." God is telling us there is another approach to any given situation, a way that He is providing to navigate through the storms of life. Actually, it's a really good approach even when things are smooth sailing!

Our reaction to crisis is usually our default setting which is dictated by our life's experiences, education, upbringing, culture, etc. That's why everyone is so vastly different in so many areas of life. But every human's common link is their Creator, God. It doesn't matter whether they believe in God or not. The truth is that they were all created by the same God, and they occupy the same planet as all other humans that we are currently aware of. That's a pretty strong link. So, it would stand to reason that the Bible would serve as the owner's manual of the human life. Wouldn't it be great to meet the author of your favorite book? Get into their mind and find out the story behind the story? God has made that way for us all through His Son, Jesus Christ. He is waiting for us to call on Him in prayer and seek HIS way through our messy situations. He wants to share His heart with us, help us have a more joyful and fulfilling life, even when things are going great. He is a loving, caring, and compassionate Father who only wants the best for his children. It's not a pre-printed, set-in-stone format of a prayer He desires; it's simply giving God the mess of a life we've created and asking Him to help. It's opening your eyes in the morning and feeling His love. It's being the flesh-and-bones vessel which brings a hug or a kind word to someone that's feeling down. It's the type of life

that makes people scratch their heads and wonder sometimes (It's a little fun to see that reaction, to be quite honest!).

This is what Jesus' Right Hand is all about. Sometimes we take on different roles, such as feeding and clothing people, sometimes it's encouragement and prayer, and sometimes it's just to stand by and be available for whatever may be coming down the road. At the very core, we have always kept the main purpose- to show the love of God to hurting and lost people. Everyone who has become a part of our ministry team is here because God has placed them here, and their heart is aligned with this main purpose. Although we are not perfect, we serve a perfect God, and ultimately, He is the one who meets the need through whatever means available. Please be encouraged by what you've read. We love you and thank God for everyone we have met though the 37+ years we have been operating as God's hands and heart extended. We are here for you!

In His Love and Service, Jesus' Right Hand

## Rental Rates

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## HOURS

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Sat 9:00 am - 12:00 pm

## What's happening at the New Virginia Public Library?

Every Wednesday Afternoon at 2:00 p.m. is Cribbage! Every Third Wednesday at 4:00 p.m. is Book Club! Summer Reading Program started June 1st!

## **New Books This Month**

Liar! by Fern Michaels Identity by Nora Roberts Tom Clancy's Flash Point

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### **COMMUNITY MATTERS**

Written by Beth Voltmer

A quick introduction for those who don't know me. My name is Beth Voltmer, and I and my husband, Steve, live outside of town on the farm that he was born and raised on. We raised our children here: Courtney Stanley, Tanner Loyd and Mackenzy Scrivner. The two girls have made their homes here too and are raising their families here. Tanner lives outside of Indianola with his wife and kids. I have a small biz, Burlap & Roses at Crooked Hedge Farm, an occasional vintage store. I retired from real estate after 16 years in the biz. I've been associated with a chamber, economic development, and/or community happenings for years. Prior to real estate, I worked at banks in Indianola.

TIDBIT: Did you know that banks are the only business that I'm aware of that must give back "so much" to their community? That's why they are always at the forefront of sponsoring events, fund raisers, etc. All three banks in our I-35 community are small family-owned banks. The small business owner, small communities and the support and promotion of them are one of my passions.

A couple of months ago I was chatting with Terry Garner about the paper, and I suggested she write an article on the semi-annual BackRoads & ByWays Junkin' Tour that I created and promote. Terry has done the tour, so I thought she'd have a viewpoint from a participant's standpoint...she asked me to write about it. I am happy to do so...so, here we are. Keep reading.

With that conversation came another discussion and suggestion that the paper write about our area business community. Who doesn't LOVE a great story, and I bet there are years and years of stories to be told. And how many of us even know what is going on in our communities as far as what's available? The small mom-and-pop establishments in our midst? What was the inspiration, the journey, that led to a person opening their own business? It takes guts, there's very little glory and lots of blood, sweat and tears. Is their passion their vision of what could be? Is it to fulfill a creative outlet? Did they carry on the family business? Who did they learn from? Who mentored them? You get the gist of where I'm going with this. I want to know, and I'm sure others will too.

As we look at our communities and the making up of them, we can easily recognize that more and more people are not from the originating families that settled here. I've often thought about the sense of pride that is underlying through the bloodlines represented in our towns. How can we help newbies develop this sense and not make it all about being a Roadrunner? Not that that's a bad thing, but I'm talking about a sense of belonging, being a part of the community and not just an outlier, of which I'm one and have been here for over 34 years...it's a thing, people...LOL! If you have a particular business you'd like to hear about, drop me a message at vintagegalbeth@gmail.com.

In the meantime, because it's almost the 4th of July, and I'm not going to write about a biz this month, I do want to give a shout out our local Fireworks Farm, located east of the storage units, next to Kum & Go. Through the pages of the Tri-Corner-Express, it's my goal to introduce "us" to what's happening in and around us because...Community Matters.

**Fun Fact:** The full moon that occurs on June 3 is called the Strawberry Moon.

## You Call, We Haul



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## **SCRIBBLINGS FROM SUE**

## Contributed by Sue Stills

I hope all of you readers have enjoyed the spring, wherever you are --- the warmer temperatures, the flowering trees and the new life springing from the ground. Never having experienced a spring in Arizona, every day I marvel at the abundance of flowers, trees and other greenery wherever I go. The oleander bushes are everywhere, some 12 feet tall or more, spilling their flowering branches over walls and fences. Granted, my sphere of living is probably just 20 square miles, but I am enjoying the beauty of the neighborhoods and the roadways I travel. There is constant building going on along my routes. I mainly see huge apartment complexes, but in the distance are giant cranes for commercial construction. One of them is for InTel.

We are so happy that our house had established flower beds and plants. Our bougainvillea has such beautiful, brilliant, deep rosy blooms, and the oleanders around the perimeter of the back yard have deep pink, light pink and white blooms. The yellow rose bush continues to bloom and the other rose bush has white/pink flowers. There is quite a large, low bush of red miniature roses, a coreopsis and four calla lily type plants. I am watching the fruits on the one grapefruit and three orange trees develop. We won't have hundreds of those fruits, but now that the trees are being watered and fertilized regularly, the trees should do better than before we came.

We now have double cellular blinds on all of our windows and French doors. They look great! We will contact our contractor James soon to do a few more projects around the house. I have attended two rehearsals of the play to be presented by the Sun Lakes Community Theatre, The Sweet Delilah Swim Club. I am the "costumer." The five female cast members have put together their own clothes needed in the various scenes, and my help was needed for only two costumes: an oversized, ugly shirt with long sleeves and an ugly, ill-fitting suit made by the character's nearly-blind mother. Off to Goodwill I went! My selections were approved by the play's director, and I spent lots of time in my sewing room, altering the clothes I had gotten. I shortened the shirt six inches. The shirt style pulled over the head, so I cut the front open and used the fabric from the bottom to extend the front facings. I removed the buttons, sewed on Velcro, then sewed on 11 buttons (from my button box. Don't all seamstresses have button boxes?) all the way down the front. The shirt can now be put on and the front closed easily. It is a nice, ugly orange, blue and white paisley.

The second costume was more of a challenge. It was a skirt with an elastic waist and a long- sleeved, button-closure blouse in a blue and maroon paisley pattern. The director wanted the skirt hemline altered to be uneven. She requested that the blouse sleeves be uneven, so I shortened one sleeve five inches for an ill-fitting look. She wanted one shoulder pad in the blouse, so I made one. I removed the front buttons, sewed on Velcro, then replaced the buttons. The front can be closed unevenly for an ill-fitting look. The director and the two cast members approved the costumes. I will be helping backstage during the performances, helping with quick costume changes. By the way, although I spent hours on the skirt and blouse, the character wears the outfit for only a couple of minutes, then changes into a different outfit.

My older brother Tom and wife Gwen from Tucker, GA, were here for a week in May for a grandson's high school graduation. They have plans to move here eventually, and I have been sending him addresses of houses for sale to look at online. I had found a house "for sale by owner," Jim, Bill and I met with the owner and toured the house, and I arranged for Tom and Gwen to see the house when they were here. Long story short, the owner would not drop her price to suit Tom, so he is continuing to look online for a house. While he was in AZ, he spoke to a realtor, so I believe he has her helping in the search. We shall see what becomes of that.

I've become embroiled in a project that has taken over my dining room. As many of my generation, I have a lot of photographs and photo albums accumulated over the years. They cannot stay in my garage cabinets in the hot Arizona summer, so I am in the process of going through them, throwing many photos away, and organizing them into small storage bins that can fit in my closets in the house. I have set aside small piles of photos to give to my brothers, sons, daughter and grandsons.

The summer heat is creeping up on us, with high 90's and some days in the 100's. I can fit my Buick Enclave in the garage by driving it in at an angle. It gets boiling hot when left out in the sun. We rarely drive Mel's F150 and will probably sell it and maybe get a golf cart --- the kind with a rear seat and not space for golf clubs, since we don't golf and never will. Jim has gone north (New York State) for part of the summer, then will head to Tom's. Bill will leave for NY in late June or early July. We plan to get out of some of the summer's heat too, driving to Tennessee, Georgia, New York and Iowa. We are looking forward to that.



## In the Years Past....

May 11. 1937 The resettlement administration of Washington D.C. announced plans last Saturday to plant 115 million seedlings in the greatest reforestation project ever undertaken by the federal government.



Assumption Shrine, Churchville (Formerly Church of the Assumption) 2841 South Street, Churchville, IA **Business Office:** c/o St. John the Apostle Church 720 Orchard Hills Drive, Norwalk, IA 50211 Fr. Daniel KIrby Mass Monday evenings at 5:30 p.m. (During Lent.) Mass: First Sunday of the month at 10:30 a.m.

St Patrick's Irish Settlement 3396 155th St Cumming, IA 50061 Fr Thomas Dooley - 515-462-1083 Mass: Sunday 8 am Religious Ed: Ginny Darr, ginginery@aol.com or call 515-707-9243

(Rosary at 10:10 am)

Martensdale Community Church (An Evangelical Free Church) 3953 Hoover St PO Box 200 Martensdale, IA 50160 1 mile north of Martensdale on Hwy 28 Pastor: Jeremy Kidder 641-764-2491 Associate Pastor: Daniel Moore Sunday Worship 9:00 am Bible Study: 10:30 am Sr. High Youth 6 pm Sunday Awana: 6:30 pm Wed Sept thru Apr. Jr High Youth 6:30 pm Wed Sept thru Apr. www.mcc-church.com

Fairview Community Church 19705 Hwy 69 Indianola, IA 50125 515-961-6069 Pastor Gearold McElwee Cell 515-669-5519 Sunday School: 9:30 am Sun Morning Worship 10:30 am Sun Evening Worship 5:30 pm Cubi Club & Twenty/20 - 5:30 pm Adult Endeavor - 6:00 pm Wed Bible Study & Youth Classes 7 pm

Peru Murray United Methodist Church Pastor Brandon Campbell No Sunday School Peru Worship 9:00 am Murray Worship 10:30 am



## Church Directory

Grace Baptist Church 304 Knotts Street New Virginia, IA 50210 Pastor Michael Mattson www.gbcnv.org Sunday Worship: 10:30 am Thursday Evening: Bible Study 6:30 pm

St Charles Parish 305 W Main St PO Box 208 St Charles, IA 50240 Pastor: Darin Feikema 641-396-2441 www.saintcharlesparish.org Sunday School 9 am Worship Service 9:45 am Fellowship time: 11 am

Truro Congregational Christian Church UCC 155 E Garfield Box 17 Truro, IA 50257 Rev. Hugh Stone Cell:641-414-4876 Email: hugh8@juno.com Worship 09:00 am Coffee & Fellowship: 10:00 am

Immaculate Conception

101 St. James St PO Box 88 St. Marys, IA 50241 Fr. Eze Umunnakwe, C.S.Sp. 660 215-0757 Mass: Sunday 8:00 a.m. Sarah Gehringer (Office Manager) 641 297-2359 immacula@myomnitel.com Religious Ed - Sunday morning

Office Hours: Tues. & Thurs. 8 a.m.-5 p.m. following Mass Michelle Fick (Director) 641-297-2259

Faith Fellowship Church 164 Highway 152 Osceola, IA 50213 641-342-6603 Pastor: Sheldon Lorenson Youth Pastor: Tyler Murrow oefc@iowatelecom.net Sunday School 9:00 am Worship: 10:00

Calvary Baptist Church 109 N. Hartman St. Charles, IA 50240 641-396-2234 Pastor Doug Helton 641-396-2747 Sunday School - 9:30 AM Worship - 10:30 AM Wed. Prayer, Adult Bible Study - 6:30 PM

New Virginia Christian Church (Disciples of Christ) 604 Main Street. / Box 112 New Virginia IA 50210 Pastor: Darin Feikema 515-490-4444 Cell: 515-770-3713 Sunday Worship: 11 AM

New Virginia United Methodist Church 301 West Street / Box 301 New Virginia IA 50210 641-449-3779 Pastor Paul Burrow 515-402-1802

Pastor's email: burrowpi@yahoo.com Church email:NewVA-Medora@outlook.com Sunday Worship: 10:30 AM Fellowship following Worship Service Quilters Tuesday 1-4 PM Necessities Pantry open 2nd Wednesday 10-11 am & 6:00-7:00 p.m. Like us on Facebook: New Virginia United Methodist Church

> Medora United Methodist Church 10804 Hwy G-76 / Box 301 New Virginia IA 50210 641-449-3779 Pastor Paul Burrow 515-402-1802

Pastor's email: burrowpi@yahoo.com Church email; New VA-Medora@outlook.com Sunday School: 9:15 AM (children)

> Worship: 9 AM Quilters: 1:00 P.M. Thursday

7483--50th Ave (4 miles north of Martensdale) (1 block east of Hwy 28) Prole IA, 50229 Pastor: Bernie Colorado 515-981-4062 Sunday Breakfast: 8 - 9:30 AM (free will offering)

Church of Christ

10985 44th Lane Prole IA 50229

Sunday Worship: 10 AM & 6 PM

Wednesday Worship: 7 PM

Elder: Duane Proudfit 515-961-4470

Elder: Mike Penick 515-989-4165

Deacon: Fred Bown 641-764-2484

Deacon: Richard Bown: 641-764-2765

Linn Grove United Methodist Church

Traditional & Children Sunday Worship 10 AM Adult Sunday School-1st & 3rd Sunday 11:15 AM Pastor's email: bernieco2003@yahoo.com

St. Paul Lutheran (Evangelical Lutheran Church in America)ELCA 615 Iowa Ave / Box 290 Martensdale IA 50160 641-764-2752 Pastor Tim Jacobsen: C-515-462-0539 Tim@mystpaullutheran.com Worship: 10:00 AM

LifePoint Church 801 N. Fillmore St. Osceola, IA 50213 641-342-2334 Pastor Chuck DeVos www.lifepointministries.net info@lifepointministries.net Sunday Worship @ 9:00 am & 10:30 am

Classes @ 9:00 am Wednesdays @ 6:30 pm





## WHAT IS ENURESIS?

By: Dr. Humam Hussien

Enuresis, also known as bedwetting or urinary incontinence, is involuntary urination, usually while asleep, after the age at which staying dry can reasonably be expected. It is a common challenge among children but can also affect adults. In general, bedwetting is considered to be a problem when it occurs at least twice a week for three consecutive months or more.

### SYMPTOMS OF ENURESIS?

Symptoms of Enuresis can be a bit different for each child, but as expected, the primary symptom of Enuresis is bedwetting, the involuntary release of urine during sleep. According to <u>Health Encyclopedia</u>, 1 in 10 children aged 7, 1 in 20 children aged 10, and 1 in 100 children older than 15 have at least 1 episode of nighttime Enuresis.

In addition to bedwetting, children with Enuresis may also experience the following symptoms:

- Frequent urination
- · Urgency to urinate
- Dribbling of urine during the day

Since Enuresis can disrupt a child's sleep, this can lead to daytime sleepiness, irritability, and difficulty concentrating in school.

### CAUSES OF ENURESIS?

There is a lot out in the traditional medical world as far as possible causes for Enuresis. A few are as follows:

- A small bladder: a child's bladder may not be fully developed enough to hold urine at night.
- Inability to recognize a full bladder: if the nerves that control the bladder are slow to mature, a full bladder may not wake your child.
- Sleep Apnea: bedwetting can be a sign of obstructive sleep apnea.
- · Diabetes: bedwetting could be the first sign of diabetes.
- Chronic Constipation: the same muscles are used to control urine and stool elimination. When constipation is long-term, these
  muscles can become dysfunctional and contribute to bedwetting.

## What is NEUROLOGICALLY-FOCUSED PEDIATRIC CHIROPRACTIC CARE?

A Neurologically-Focused Pediatric Chiropractor in our office will always be passionate about getting to the root cause of a child's challenges. After consulting with a family and digging into the child's case history, looking for the root causes, we will do a deep dive into the child's function of the nervous system. We do this using incredible technology called sEMG scan that can detect <u>subluxation</u>, <u>dysautonomia</u>, and <u>Vagus nerve</u> dysfunction – which are all terms that mean a stressed-out, dysfunctional nervous system.

The Nervous System is the main hub and controls all the other systems in the body, which means it is responsible for controlling the function of the bladder. So, if the Autonomic Nervous System is subluxated, that means the rest of the systems are not communicating with the brain and firing signals as they should. If a child is struggling with a stressed-out nervous system not functioning properly, it's no surprise the brain will have difficulty signaling to the child's bladder to hold urine while the child is sleeping or to get up and use the bathroom. In many cases, the child's nervous system spends so much of the day wound up and stuck with an excessive sympathetic tone (dysautonomia). Then at night, the body is so worn out and fatigued from all that excessive stress and tension that it "overreacts" and elicits an excessive parasympathetic response to try and balance things out, and therefore, lets the bladder relax and release urine at a time it's not supposed to.

If your child is struggling with any type of Enuresis, please do not wait! No child should have to struggle with embarrassment and frustration about something they cannot control due to a stressed out, subluxated Nervous System. The Docs in our office aim to help your child achieve natural healing and optimal growth, enabling them to live their absolute best life!

If you or someone you know have kids that struggle with bedwetting and seek the help naturally, please reach out to our office and schedule your appointment!

True Family Chiropractic

133 W Main St, St Charles, IA 50240

Phone#: 515-371-3791

Email: Info@eptruechiropractic.com

## Joke for the month: Why was it so breezy at the ballgame?





Julia "Jupe" Stuart Earnest passed away peacefully on Saturday, May 6, 2023 with the love of her family surrounding her.

Julia was born in Osceola, Iowa on August 14, 1961 to Lonnie and Kathleen Stuart. She graduated from Interstate 35 High School in 1980. She worked as an activities director for 30 years, 20 of those years were spent caring for residents, along with many wonderful and caring volunteers at



Care Center South in Winterset. She loved every one of her residents as much as they loved her.

In 2019, Julia met the love of her life and best friend, Ken Earnest. They were married May 30, 2020. They enjoyed fishing, traveling and the many blessings God has given them. Spending time with the grandkids, camping and fishing were at the top of the list. As Julia would say, "there was never a dull moment in the house when Ken was there", due to the loving bantering between the two and the shenanigans he would pull on her. Their fur babies, cat, Hannibal, and dogs, Leo, Sophie & Annie May brought much love and comfort for her.

Julia was a woman of many passions including a heart of gold in taking care of others, cooking, riding the horse trails at Kirkland's, attending the Iowa State Fair to watch Uncle Gerald and cousin Jim's Belgian draft teams, sewing, swimming in her backyard pool with her grandkids, and most importantly, story-telling. We all have been entertained by her many "stories" that always seemed to get better each time she told them. Julia had become a BIG fan of the Kansas City Chiefs after attending her first NFL football game with her Aunt Joanie Stuart. She could not stop talking about it.

She will be greatly missed by her husband, Ken; children, Lonnie, Natalie (Andrew), Delaney (Dobber); grandchildren, Kaylee, Paislee, Bentlee, Hallee, and Dawson; mother, Kathleen Stuart; mother-inlaw, Doris Harper; sisters, Loretta Paullin (Bob), Sharon (friend, Lori), and Tammy Downs (Dean); sister-in-law, Mary Belieu as well as many aunts, uncles, nieces, nephews, and a whole host of family & friends.

Julia was preceded in death by her father, Lonnie; daughter, Sarah; and nephew, Bradley Paullin.

A Celebration of Julia's Life was held at 10:30 a.m., Saturday, May 20, 2023 at the Living Loving Church of the Nazarene, (418 W. Summit Street, Winterset), where family greeted friends one hour prior. A luncheon followed the service. Burial will take place at a later date in the Peru Cemetery. Memorial contributions may be directed to Westview of Indianola Care Center (1900 West 3rd Pl., Indianola, IA 50125).

"There is nothing impossible to they who will try."

Clexander The Great



## Virginia Boosters 4-H Club News Written by Brianna Fantz, Reporter



The Virginia Boosters 4-H Club held their June 14th meeting at 7:00 PM at the Lions Hall in New Virginia.

Mackie Loomis called the meeting to order at 7:00. Roll call was 'What are you most looking forward to at the fair?' The secretary's report was read by Katie Cox, and Jaden McDonald gave the treasurer's report.

This month's old business discussion was talking about a possible achievement show for static exhibits that they decided to not do due to lack of ready projects. The other topic was deciding to help the Lions stand during Old Settlers.

The review of the monthly county newsletter began the new business, sparking conversation about upcoming dates, Livestock Entries due July 1st, Clothing and Communications entries due June 15th, Static projects due July 19th, Senior 4-H Volunteer Opportunities, 4-H Project Workshop series, Horse Project Wednesday nights Starting May 10 - July 19th, Youth Conference at ISU June 27-29th, Pullorum Testing-June 25th 2-4 @ fairgrounds, BBQ school June 28-29, Rabbit workshop June 20th, 6:30-8:00, Static entries Judging July 22nd, Warren County produced due July 1st, and Dog Project Monday Evenings 6 pm April 10- July 10th. Dates for Fair Clean-up and Pre-fair Picnic were also discussed which were July 10th and 17th at 6:00 for the clean-up and July 22nd for the Pre-fair Picnic. The other two fair related topics discussed were the club's Funnel cake stand shift and the booth decorating at the fair on July 20th the theme being "UnFAIRgetable Fun." The club also voted to reimburse Renae Loomis and Brenda Streeter for the food that the club purchased for the potluck.

Brady Streeter made a motion to adjourn the meeting, and Brianna Fantz seconded.

The presentations were given by Jaden and Peyton McDonald who showed us their Rabbits and Mackie Loomis and Katie Cox talking about Aerial Ag. The host for this meeting was Everybody due to the 4-H club having their club tour with a potluck at the end.

The next meeting is on July 12th at 7:00 P.M. Have a good rest of your month, the end.

Happy first day of summer
June 21, 2023



## Vigilance is Key to Preventing Tick Bites

Entomologist discusses strategies for avoiding ticks and the diseases they spread

May 30, 2023, 11:44 am | Laura Jesse Iles

AMES, Iowa – Ticks, and the pathogens they carry, can pose a serious risk to human health. As the weather warms and Iowans spend more time outside, the risk of tick diseases can be lowered by avoiding ticks, checking for tick hitchhikers upon returning indoors, and removing any attached ticks promptly and effectively.

More than a dozen species of ticks can be found in Iowa, according to Laura Iles, director and extension plant pathologist with the North Central Integrated Pest Management Center. However, the three most common species are the blacklegged or deer tick, the American dog or wood tick and the lone star tick. All three species can transmit bacteria that cause disease, but only the blacklegged tick transmits Lyme disease, making it a species of particular concern.

While blacklegged ticks are most common in eastern and northeastern Iowa, they have been found across all 99 counties. They can be distinguished from other tick species by their black or dark brown legs, mouthparts and backs.

According to Iles, the tick life cycle contains four main stages. Between each life stage, ticks must attach to a host and feed. Immature ticks, often called "seed ticks," are particularly small and can be difficult to spot. Immature blacklegged ticks are typically most active in June, while adult ticks are most active in May and October.

## Avoiding ticks

Avoiding tick-infested areas, especially when ticks are most active, is key in preventing the transmission of tick disease. "Ticks like moisture and tall grass," said Iles. "Wood edges, or wooded areas with lots of undergrowth, are some of the common places that people come into contact with ticks. Ticks will crawl up vegetation, then sit at the top of the vegetation and wave their legs, which is called 'questing."

When working in tick infested areas, wearing a long-sleeved shirt, shoes and long pants tucked into a pair of socks can prevent ticks from coming into contact with skin and attaching. Insect repellents can also be sprayed on the clothing to further prevent contact with ticks.

"Wearing long pants tucked into your socks can also be helpful because it means that ticks have to crawl a long way to get to where they can attach, so you are much more likely to spot them," she said.

Another important strategy in preventing the transmission of tick vectored, illness-causing pathogens, is performing routine tick checks. If a tick is discovered while still crawling, there is no risk for disease, as ticks need to be attached to the skin to transmit pathogens.

"Pathogens such as Lyme disease cannot be transmitted unless the tick is feeding, so ticks have to be attached for 24 to 36 hours in order to transmit the disease," said Iles. "After you've been in an area that may have ticks, remove clothing and place it directly into the wash to kill any ticks, then check yourself, as well as children and pets."

## Removing ticks

If a tick is discovered feeding on the skin, it should be removed as quickly as possible. "Firmly grab the tick with a pair of tweezers as low on the body as possible, then pull directly out," instructed Iles. "There is no way to get the tick to back out, and placing substances like Vaseline or alcohol on the tick can actually make things worse, since they might cause the tick to regurgitate the contents of its stomach back into the host."

While ticks and the illnesses that they transmit are certainly a cause for concern, being aware of prevention strategies can prevent the spread of disease. For tick images, disease symptoms and more details, check out the recently updated <u>Tick and Tick-Borne Diseases Pest Alert</u>, which is free on the Iowa State University Extension and Outreach Store.

## **Madison County's Master Gardener Projects**

By Lisa Chensvold

People visit Winterset for many reasons. Tourists take in sites at historic covered bridges. Some re-visit childhood memories at John Wayne's Birthplace Museum. Others learn the craft of quilting; and almost all visitors enjoy the charm of Winterset's Square. Some of The Square's beauty was created by Madison County's Master Gardeners.

Master Gardeners is a volunteer program at Iowa State University Extension and Outreach. To become a Master Gardener, individuals (also known as trainees) take a 10-week course which covers various gardening topics. After passing certification, trainees become "interns." As interns, they spend 40 hours completing community volunteer service. Volunteer hours can be spent in a community vegetable garden, teaching a gardening program or by running a "hands-on" project, depending on personal interest. Currently, Madison County's Master Gardeners have several projects located in Winterset and the local area. "Dog ears" around the courthouse are created, planted and maintained each year by several people. Individuals responsible for the colorful flowers at each corner are Jim Nelson, Bill & Patty Chrisman, Ron Berdine, Deena Hoeness, Beth DeVries, Renee Mulvihill, Jen Orton, RoxAnn Rhoads and Pam Deichman. Sherry Miner is in charge of upkeep around the bell tower on the courthouse lawn (when access is possible).

Several other locations throughout Madison County also house Master Gardener projects. RoxAnn Rhoads cares for the (front) over-sized pots and the (back) parking area at Winterset Public Library. The raised educational garden beds are maintained by Sherry Miner, Jen Orton, Diana Beem, Pam Heckman, RoxAnn Rhoades and Nathan Romine. These garden beds are used in conjunction with children's library programs. Information presented at these programs encourage kids to taste new foods and teach how food is grown.

Winterset Lions welcome sign on John Wayne Drive is maintained by Sherry Miner. Sarah Minnich, Connie Tadlock and Shirley Tallman care for projects near Winterset's Post Office. Todd Olerich, Diana Beem and Jim Nelson tend to the brilliant pink roses edging George Stout Monument. Pam Heckman and Barb Bell keep busy managing projects around the rear parking lot of Madison County's Annex building.

Lending a hand at Winterset City Park berms are Jim Nelsen, Nathan Romine and Todd Olerich. Ann Bartelt and Shirley Tallman team up to keep the hedge maze manicured. Jen Orton, Todd Olerich and RoxAnn Rhoads teamed up to look after flower beds at Winterset Elementary School.

Deena Hoeness, Geonne Anderson, Beth Wall and Mary Burrack make sure the area surrounding The Jackson Building on Madison County's Fairgrounds look nice for special events. Bev Rowe is in charge of Lower Middle River Park signs. Beth Wall planted grasses and flowers at Margaret Guye Woods. Sherry Miner and RoxAnn Rhoads attend to flower beds at Madison County Health Care System.

Master Gardeners also add color and beauty to covered bridges. Geonne Anderson, Deena Hoeness, Mary Burrack and Beth Wall contribute to upkeep around Cedar Bridge Park. Imes Bridge and St. Charles Welcome sign are managed by Mark Statlander and Ann Bartelt. Diana Beem is caregiver at History on the Hill's assorted herb garden.

Rich VanScoy has a Master Gardener Project at Urbandale School. Rich took Master

Gardener training in Madison County and maintains active status by volunteering at a project site near his home.

Nancy Forrest is author of "Down to Earth," an informational column run in The Madisonian, The New Lorimorian, The Earlham Echo, and The Afton Star. Nancy's column has touched upon many subjects, including produce, compost, summer birds, fireflies and the popular experiment entitled "Soil Your Undies."

Applications to become a Master Gardener open in mid-July. The class concludes in November, prior to the holidays. Connect with any individual mentioned in this article to learn more about Madison County's Master Gardener program.









**Iowa Master Gardener Opportunity** 

Interested in becoming an Iowa Master Gardener? Free tuition is available in exchange for caring for Winterset's downtown flower baskets. Individuals must be willing to spend one week (seven days) watering Winterset's Downtown Flower Baskets. (Tuition is valued at \$150.) Applicants can choose any week between July 1 and Sept. 30. The task is done daily and involves caring for 60 hanging flower baskets spread over a 10-block area. Watering must be done in early morning and takes approximately 1 ½ hours to complete daily.

Fall Master Gardener Training is a 10-week program which covers many topics including: houseplants, botany, animal ecology, turfgrass management, weed science and identification, fruit culture, vegetables, herbs, integrated pest management, trees, and sustainable landscape design. Master Gardener applications open July 17 fall Master Gardener Training begins Sept. 5. For more information contact Lisa at Madison County Extension & Outreach 515-462-1001.

### New Virginia Old Settlers 2023 "#1 In Summertime Fun" July 7, 8 and 9, 2023

### Friday, July 7

5:00 pm Vendors open in the park

5:45 pm Close off West Street for Kiddie Parade

6:00 pm Kiddie Parade line up at fire station

6:00 pm - 10:00 pm Lions stand is open

6:30 pm Kiddie Parade on West Street begins

7:00 pm - 9:00 pm Water slide is open

7:00 pm - 9:00 pm Bingo in the Lions Hall

7:00 pm Bill Riley Talent begins in Lions Park (Behind gas station)

Honoring of the Volunteer of the Year, crowning of King and Queen, crowning of Little Miss and

Mister New Virginia, and announcing of Kiddie Parade winners at intermission of show. (In case of rain held in fire station)

9:00 pm - Midnight Street Dance with DJ X-Treme on West Street (In case of rain held in fire station)

(NO UNDERAGE DRINKING ALLOWED. ALL PERSONS 21 YEARS AND OLDER WILL NEED TO GET A WRIST BAND IN ORDER TO DRINK ALCOHOL AT THE STREET DANCE)

### Saturday, July 8

7:00 am Breakfast at New Virginia Legion Hall by Legion Post 281

9:00 am Saddle Club Buckle Show at the Saddle Club grounds on East Street

Herb Taylor tractor display (Reed Implement lot)

9:00 am - Noon Bake sale and book sale at the New Virginia Library

10:00 am Kid Races start on West Street (Bring bikes, tricycles, and tennis shoes)

11:00 am Vendors open in Old Settlers Park

11:00 am Water slide opens (Hours 11:00 am - 5:00 pm and 7:00 pm - 9:00 pm)

11:30 am - 12:30 pm Car Show registration on West Street

Noon - 10:00 pm Lions stand is open

1:00 pm Car show starts

Cribbage Tournament at the New Virginia Library (\$5.00 buy-in)

1:00 pm - 3:00 pm Bingo in the Lions Hall

4:00 pm Car Show winners announced at the shelter house

4:00 pm Close off streets for parade route

5:00 pm Parade sign-up begins (West of New Virginia Old School)

6:00 pm Parade begins starting at New Virginia Old School

7:00 pm - 9:00 pm Bingo in the Lions Hall

7:00 pm Saturday Night in the Park in the Lions Park - Briggs Family Band (In case of rain entire program held in the fire station)

Quilts of Valor presentation following the band performance

Boy Scout Flag Retirement Ceremony in Lions Park following the Quilts of Valor presentation

9:00 pm to Midnight Street Dance with the live band Refuge (In case of rain entire program held in the fire station)
(NO UNDERAGE DRINKING ALLOWED. ALL PERSONS 21 YEARS AND OLDER WILL NEED TO GET A WRIST BAND IN ORDER TO DRINK

(NO UNDERAGE DRINKING ALLOWED. ALL PERSONS 21 YEARS AND OLDER WILL NEED TO GET A WRIST BAND IN ORDER TO DRIN ALCOHOL AT THE STREET DANCE)

10:00 pm Fireworks display by Top Notch Fireworks

### Sunday, July 9 7:30 am - 10:30

7:30 am - 10:30 am Masonic Lodge breakfast at Lions Stand in Old Settlers Park

9:00 am - 10:30 am Setup of Tractor and Equipment Display on West Street (Open to any to display by Clarke County Old Iron Club)

Herb Taylor tractor display (Reed Implement lot) during the day

9:30 am Arts and crafts show registration and set up

10:00 am - 2:00 pm Arts and crafts show at the New Virginia Lions Hall

10:00 am Water slide opens (Hours 10:00 am - 2:00 pm)

10:30 am Old Fashioned Church Service at Lions Park Shelter House; Open to all denominations (Bring Lawn Chairs)

12-Noon Registration for Southern County So-Co Baggers Cornhole Tournament at Old Settlers Park

1:00 pm Play begins for Southern County So-Co Baggers Cornhole Tournament

1:00 pm Peddle tractor pull on West Street

1:00 pm Tractor games start Egg Race, Obstacle course, Chain in a Box, Water on the Brain, Slow Race, Teeter Totter

2:00 - 2:30 pm Art show (Pick up items and award ribbons)

Thank you to all the businesses and residents who support The New Virginia Old Settlers Celebration. All times and events are subject to change. Watch for updates on our Facebook Page https://www.facebook.com/oldsettlersnv/





Twin Rivers Little League Minor Girls' Softball Tournament Champions
By Deann Strange

Congratulations to the Interstate 35 Roadrunner White Team for their win in the Twin Rivers Little League Minor Girls' Softball tournament championship. The tournament was made up of teams of 3rd and 4th grade girls on 10 area teams and was played at the Griffin Fields in Winterset on June 9, 10 and 11. The championship game was a nail biter between the Martensdale St. Marys Blue team and the Interstate 35 Roadrunner White Team. At the end of the 70 minute regulation play the score was still tied at 1-1. At the beginning of the next inning following the end of the timed play, the game went into California rules where the team that was up to bat started with their players who had the last 2 outs from the previous inning on second and third base and started their up to bat with 1 out. Everyone was on the edge of their seats as there were several great plays that kept the score tied 1-1 through the end of the 9th inning. Martensdale Blue went out to bat again at the top of the 10th inning, but no runs were scored and it remained 1-1. Interstate White was now up to bat in the bottom of the 10th inning, Kloey Bortell, the I-35 pitcher, was their first batter. Kloey hit a line drive to left center field and Riley Bucklin ran in from third to score the winning run ending the game with a score of 2-1. Both teams played a very hard fought championship game and should be very proud of their teams and the contributions to their success of every one of their players and coaches. I know both teams appreciated the support of all of their fans cheering them on.

## Winning Hit Ball & Championship Ring Picture

The team signed the winning hit ball & were very excited when they received their championship rings.

Team Picture Front row L to R: Charlotte Miller, Lillian Brayton, Aubrey Patterson, Autumn Fisher, Leah Kimmel & Kelsey Vyskocil Middle row L to R: Kloey Bortell, Pyper Fitch, Bella Nelson, Zippy Naggar, Madalyn Kelly & Riley Bucklin Back row L to R: Coaches; John Bortell, Jordan Fitch & Brent Patterson